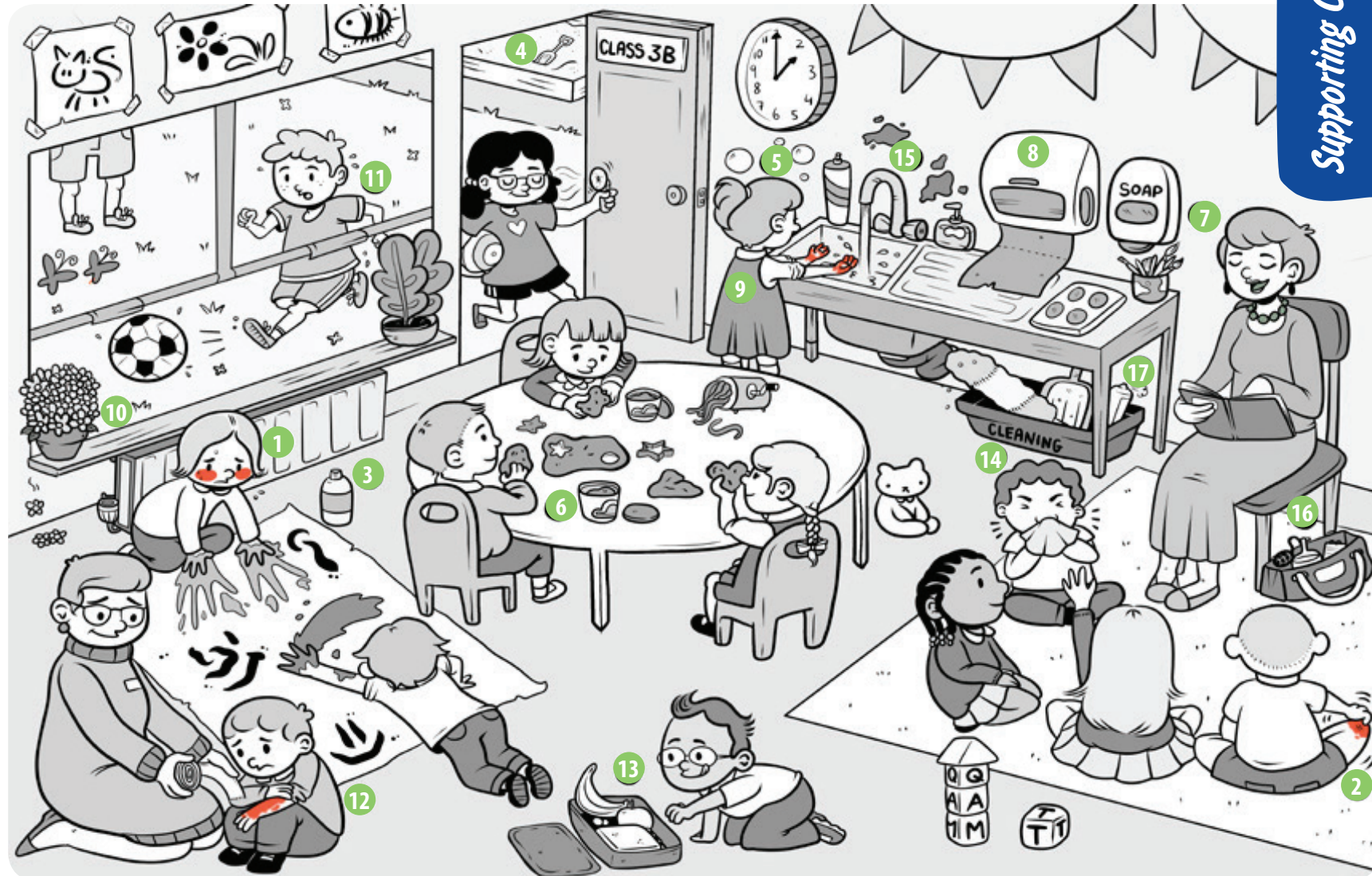


# In the Classroom...

There are lots of potential triggers, here are some examples.

1. Temperature
2. Sitting on the carpet
3. Paint
4. Sand
5. Water/Bubbles
6. Playdough/Clay
7. Soap
8. Paper towels
9. Uniform / clothing
10. Pollen
11. PE, getting hot and sweaty
12. Worry / anxiety
13. Food
14. Dust
15. Damp / mould
16. Fragrance / perfume
17. Room sprays



Eczema Support  
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- Your Hands to Hold -

# In the Classroom...



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Supporting Children's Learning

Child's Name

## Triggers

These can trigger my eczema:

## Solutions

These will help me feel comfortable: